Wading birds' beaks — ingenious implements





The turnstone uses its short, powerful beak to look for food among seaweed and under pebbles. It is this behaviour that gives the bird its name.

The snipe searches for food by drilling into the mud with its long beak. It feels for worms and other prey with special sensory receptors on the soft tip of its beak.

The long legs of *the avocet* take it a good distance out from the beach where it looks for crustaceans and other small organisms by moving its upturned beak forward and back in a fast whisking motion.



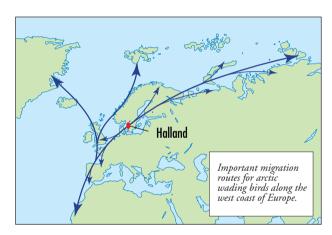
The oystercatcher's red beak is a powerful tool that is used to prize open live mussels and oysters. It is this ability that gives the species its name.

The curlew's powerful curved beak is an excellent tool for picking lugworms out of their U-shaped holes.

The Halland coast — between the Arctic and Africa

Some of Northern Europe's most important resting sites for migratory birds are to be found along the Halland coast. Wetlands, coastal salt marsh meadows and shallow lagoons offer food and rest for tired birds. This is where they can store up new reserves of fat so that they have the strength for the long journey to their summer and winter quarters.

During spring and autumn large flocks of wading birds roost on the shallow mud beaches and large numbers of ducks gather along the coast. The magnificent eider flight during April is a sight that is really worth seeing. This is only some of what the Halland coast can offer bird watchers and naturelovers. Read on in this pamphlet for tips on superb bird sites and pleasant outings all year round excursions.



More information

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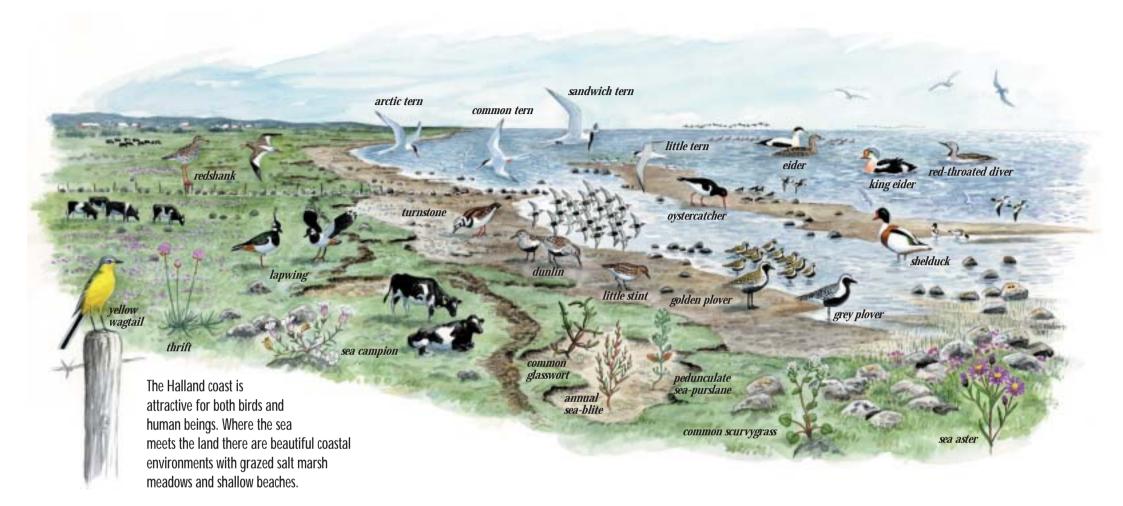
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BIRDSITES ON THE HALLAND COAST





Salt marsh meadows

Long stretches of the coast are bordered by extensive, grazed salt marsh meadows. Cattle grazing is an important pre-requisite for the animal and plant life of the salt marsh meadows. The grazing animals keep the vegetation down, and an abundance of nutritious insects live in the animal's droppings. Among other species of bird, the salt marsh meadows are home to *yellow wagtail*, *redshank* and *lapwing*. The southern dunlin also breeds on the very finest of the salt marsh meadows.

Coastal meadows are periodically flooded by the sea's salt water and this puts particular demands on the plants. Many of the plants have fleshy, succulent leaves that have evolved in order to survive in this environment. Some of the beach's most salt-tolerant plants are annual *sea-blite*, *pedunculate sea-purslane* and *common glasswort*.

Seaweed banks and mud flats

A large number of breeding and roosting birds are able to find food along the shallow beaches. Worms, mussels and other small creatures live in the soft mud. Crustaceans and large numbers of insects live in the seaweed banks.

Large numbers of migrating wading birds stop at this ready-laid table in order to stock up on energy reserves. During April—May, flocks of arctic waders are seen on route to their breeding grounds in the north. Many birds turn back as early as July, and the southerly flight of waders continues up to the beginning of October. *Dunlins* are the most common of the wading birds, sometimes with hundreds of birds in a flock. Other species that are often seen are *Temminck's stint, little stint, sanderling, turnstone, knot, curlew sandpiper, golden plover, grey plover* and others.

Sandbanks

Shelducks and oystercatchers look for food on the sandbanks off the beach. There is an abundance of small crabs, mussels and worms in the shallow, warm water. Sandwich terns, little terns, common terns and arctic terns are happy to rest out on the sandbanks after fishing trips further out to sea.

The Sea

Flights of birds continue over the sea all year round. *Eider* and other ducks fly together in larger flocks while diving birds and sea birds fly singly or in small groups. In the spring the eiders' flight south (!) is fantastic, with several thousand eider on a good day. *King eider* are a rare guest that are sometimes observed in the flocks.

